

Essential Oil Blending Factors

Common Name	Botanical Name	Blending Factor
Angelica	<i>Angelica archangelica (seed/root)</i>	2-4
Balsam Fir (Idaho)	<i>Abies balsamea</i>	6
Basil	<i>Ocimum basilicum</i>	4
Bergamot	<i>Citrus aurantium ssp. bergamia</i>	7-8
Black Pepper	<i>Piper nigrum</i>	3-4
Black Spruce (Northern Lights)	<i>Picea mariana</i>	4-5
Blue Cypress	<i>Callitris intratropica</i>	3
Blue Spruce	<i>Picea pungens</i>	5
Blue Tansy	<i>Tanacetum annuum</i>	1-2
Cardamom	<i>Elettaria cardamomum</i>	4
Carrot Seed	<i>Daucus carota</i>	6
Cassia	<i>Cinnamomum cassia</i>	5
Cedarwood	<i>Cedrus atlantica</i>	7-8
Celery Seed	<i>Apium graveolens</i>	3
Cinnamon Bark	<i>Cinnamomum zeylanicum (bark)</i>	1
Cistus	<i>Cistus ladaniferus</i>	3-4
Citronella	<i>Cymbopogon nardus</i>	3
Clary Sage	<i>Salvia sclarea</i>	2-3
Clove	<i>Eugenia caryophyllata</i>	2-3
Copaiba	<i>Copaifera reticulata</i>	3
Coriander Seed	<i>Coriandrum sativum</i>	5-6
Cypress	<i>Cupressus sempervirens</i>	5
Dill	<i>Anethum graveolens</i>	2
Dorado Azul	<i>Hyptis suaveolens</i>	4
Elemi	<i>Canarium luzonicum</i>	4-5
Eucalyptus Blue	<i>Eucalyptus bicosta</i>	5
Eucalyptus globulus	<i>Eucalyptus globulus</i>	4
Eucalyptus radiata	<i>Eucalyptus radiata</i>	4
Fennel	<i>Foeniculum vulgare</i>	3-4
Frankincense	<i>Boswellia carteri</i>	4-5
Galbanum	<i>Ferula gummosa</i>	5
Geranium	<i>Pelargonium graveolens</i>	3
German Chamomile	<i>Chamomila recutita</i>	1
Ginger	<i>Zingiber officinale</i>	4
Goldenrod	<i>Solidago canadensis</i>	1
Grapefruit	<i>Citrus x paradisi</i>	8
Helicrysum	<i>Helicrysum italicum</i>	5
Hyssop	<i>Hyssopus officinalis</i>	3
Jasmine	<i>Jasminum officinalis</i>	1
Juniper	<i>Juniperus osteosperma</i>	4
Lauris Nobilis (Bay Laurel)	<i>Lauris nobilis</i>	2-4
Lavender	<i>Lavandula angustifolia</i>	7

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Ledum	<i>Ledum groenlandicum</i>	4
Lemongrass	<i>Cymbopogon citratus</i>	1
Lemon	<i>Citrus limon</i>	6-7
Lime	<i>Citrus aurantifolia</i>	3
Manuka	<i>Leptospermium scoparium</i>	5
Marjoram	<i>Origanum marjorana</i>	3
Mastrante	<i>Lippia alba</i>	1
Melissa	<i>Melissa officinalis</i>	1
Mountain Savory	<i>Saturegja montana</i>	3
Myrrh	<i>Commiphora myrrha</i>	5-6
Myrtle	<i>Myrtus communis</i>	6
Neroli	<i>Citrus aurantium (blossoms)</i>	2-3
Niaouli	<i>Melaleuca quinquenervia</i>	4-5
Nutmeg	<i>Myristica fragrans</i>	2-3
Ocotea	<i>Ocotea quixos</i>	6
Onycha	<i>Styrax benzoin</i>	1
Orange	<i>Citrus sinensis</i>	7
Oregano	<i>Origanum vulgare ct carvacrol</i>	5
Palmarosa	<i>Cymbopogon martinii</i>	5-6
Palo Santo	<i>Bursera graveolens</i>	3-4
Patchouli	<i>Pogostemon cablin</i>	4
Peppermint	<i>Mentha x piperita</i>	1-2
Petitgrain	<i>Citrus sinensis (leaves)</i>	5-6
Pine	<i>Pinus sylvestris</i>	6
Ravintsara	<i>Cinnamomum camphorum</i>	5
Roman Chamomile	<i>Chamaemelum nobile</i>	1
Rose	<i>Rosa x damascena</i>	1
Rosemary	<i>Rosmarinus officinalis ct. cineole</i>	4-5
Sacred Frankincense	<i>Boswellia sacra</i>	4-5
Sage	<i>Salvia officinalis</i>	4
Sandalwood (Royal Hawaiian)	<i>Santalum paniculatum</i>	6
Spearmint	<i>Mentha spicata</i>	2-3
Spikenard	<i>Nardostachys jatamansi</i>	1-2
Tangerine	<i>Citrus reticulata</i>	7
Tarragon	<i>Artemisia dracunculus</i>	3-4
Tea Tree	<i>Melaleuca alternifolia</i>	3-4
Thyme	<i>Thymus vulgaris ct. thymol</i>	1
Valerian	<i>Valeriana officinalis</i>	1-2
Vetiver	<i>Vetiveria zizaniodes</i>	1
Wintergreen	<i>Gaultheria fragrantissima</i>	2-3
Ylang Ylang	<i>Cananga odorata</i>	4